

# University of Pretoria Yearbook 2022

## Applied physiology 702 (MBK 702)

<b>Qualification</b>	Postgraduate
<b>Faculty</b>	<a href="#">Faculty of Humanities</a>
<b>Module credits</b>	27.00
<b>NQF Level</b>	08
<b>Prerequisites</b>	No prerequisites.
<b>Contact time</b>	1 lecture per week
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Sport and Leisure Studies
<b>Period of presentation</b>	Year

### Module content

The module examines exercise physiology as applied in a sport science context and includes the normal and performance enhancement physiology of bio-energetics, adaptation of the body systems, environmental influences, ergogenic aids and special considerations such as aging, gender, genetics and fatigue. (1 hour contact time per week with work assignments for the following week. )

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